

## Course Structure

8 weekends over 1 year  
Commencing March  
500+ pages of notes  
Audio visual, experiential

## Who should do it

Health practitioners  
Health seekers

## Learning outcome

Ayurvedic Lifestyle Consultant.

## Exceptional training

Learn the cream of Ayurveda  
Fun and informative  
Lifestyle guidance  
Principles and practice  
Curative and preventative  
Nutrition and cooking  
Potent herbs and oils  
Massage, Shirodhara and much more...

# Learn with the experts! Ayurveda Certificate

Get  
healthy  
and help  
others  
through  
Ayurveda,  
the oldest  
natural  
healing  
science.



## Ayurveda Elements Academy

Established 1996

## Dr Rama Prasad (principal teacher)

Over 20 years clinical & teaching experience

“Out of the Ayurvedic courses I’ve done in Australia  
this is by far the best.” - Tim, course graduate.

*Designed for Health seekers & Professionals alike*

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## Ayurveda Certificate

Sydney, Wollongong, Melbourne, Canberra

Commences: May 2012

All info: 02 9904 7754

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